



KUMAUN UNIVERSITY, NAINITAL
ODD SEMESTER EXAMINATION SESSION: 2025

Examination Schedule
P.G. DIPLOMA IN YOGA – I SEMESTER
(Time: 9.00 A.M. to 12.00 P.M.)

Date & Day	I Semester
29-12-2025 Monday	DYAT-101 - Introduction Of Human Consciousness and Yoga
01-01-2026 Thursday	DYAT-102 - Hath Yoga
03-01-2026 Saturday	DYAT-103 - Teaching Methodology in Yoga
05-01-2026 Monday	DYAT-104 - Human Anatomy and Physiology

Note : No guarantee can be given to the candidates regarding the order of the question paper.

Date: 16-12-2025
Place: Nainital


Registrar
Kumaun University, Nainital
